

Introduction

Here at woolroom we're passionate about delivering the very best natural healthy sleep. We know that our British wool beds and bedding working together can deliver the best natural night's sleep and we recommend creating your sanctuary by completing the whole sleep system.

We appreciate that your new bed or mattress purchase is a very considered investment and you'll want to get the best from it. That's why we've created this simple guide to help you take care of your purchase.

The Correct Base

Your divan base or bedstead should be sturdy to ensure your new mattress is properly supported. Installing your mattress on to a poor quality base may damage the mattress and invalidate your warranty. Slatted bases should not have spaces greater than 75mm (approx. 3 inches) between slats.

Mattress Protection and Comfort

To keep your mattress in good condition and to maintain its natural performance we recommend using one of our machine washable British wool mattress protectors. By doing this you'll be ensuring you have a natural layer of protection without stifling the performance of the mattress and also prevent staining on the surface of your mattress.

If you prefer, you can also add an additional level of comfort and warmth with our award winning Deluxe, or Luxury Mattress Topper.

We also recommend using 100% cotton bed linen to ensure your new sleep sanctuary maintains the highest level of temperature regulation and keeps you at a comfortable sleeping temperature.

Handling and Usage

Woolroom mattresses can be heavy so you may need to seek assistance when handling. You can use the stitched handles to rotate and turn the mattress, but avoid using the handles when lifting and moving the mattress.

Also, never attempt to roll or fold your new mattress as this may cause irreparable damage. Your mattress is designed to be used in a flat position. To maintain your mattresses shape and edge support please avoid sitting at the edge, or end of your bed for extended periods of time. You should also avoid standing and certainly avoid jumping on your mattress.

Rotating and Turning

Turning (or 'flipping') your mattress and rotating your mattress will ensure that the loose natural fillings inside your mattress settle evenly. We recommend turning and rotating weekly for the first twelve weeks, you can then turn and rotate seasonally after that - once every three months is sufficient.

NOTE: Our Exmoor 1000 mattress is single sided and only needs to be rotated and not turned.

If you have a zipped mattress please ensure that you unzip the mattress before turning and rotating. This will make it easier and ensure the zips aren't damaged.



Rotating

rotate 180 degrees

Turning

'flip' the mattress over

Airing Your Mattress

Your mattress is expertly made using a blend of natural British fillings and therefore may have a slight natural smell when opened. This is completely natural and you can expect the odour to dissipate within 48-72 hours.

To ensure your mattress desorbs and releases moisture most effectively we recommend airing your mattress once a week. Simply remove your bedding, including any mattress protector, topper or enhancer you may have fitted for a few hours & open a window if possible.

Cleaning

To clean your mattress we recommend using a soft brush to release and remove any dust and fluff. Avoid the use of a vacuum cleaner or vigorous brushing as this can disturb the loose fillings inside the mattress.

Treat spills immediately to prevent staining. Try and stand the mattress vertically to prevent the spill from seeping into the inner fillings. Use dry towels and compression to draw out the moisture first, then spot clean using a damp towel. Avoid the use of harsh detergents, cleaners or chemicals when cleaning to avoid bleaching the outer fabric.

Body Impressions

Because most of us usually sleep in the same position at night you can expect some body impressions - this is totally normal and a positive sign that the generous natural fillings are contouring to your body to aid support and comfortable sleep.

Quick Reference

DO:

- keep this guide safe so you can refer back to it
- install your mattress on a suitable divan or bedstead
- consider using a woolroom mattress protector
- only use the stitched handles to turn & rotate
- turn and rotate weekly for the first twelve weeks
- seek help when turning & rotating
- keep your mattress on a flat surface
- air your mattress regularly - every other week
- occasionally brush the surface with a soft brush
- treat spills immediately to avoid staining
- expect body impressions in the natural fillings
- get in touch if you need any further advice

DO NOT:

- install your mattress on an unsupportive base
- use synthetic products or linen on your mattress
- try and lift or move your mattress without assistance
- use the handles for moving or lifting the mattress
- stand or jump on your bed or mattress
- sit on the edge of your mattress for extended periods
- vacuum your mattress, use chemicals or detergents

woolroom
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MATTRESS CARE GUIDE